

Full Report (All Nutrients) 45054128, ICED HONEY BUNS, UPC: 041497001842

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Report Date: May 22, 2017 15:00 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	71.0 g 71g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	290	408
Protein	g	--	--	3.00	4.23
Total lipid (fat)	g	--	--	16.00	22.54
Carbohydrate, by difference	g	--	--	35.00	49.30
Fiber, total dietary	g	--	--	1.0	1.4
Sugars, total	g	--	--	17.00	23.94
Minerals					
Calcium, Ca	mg	--	--	60	85
Iron, Fe	mg	--	--	0.72	1.01
Sodium, Na	mg	--	--	170	239
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	1.2	1.7
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	7.001	9.860
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

BUN: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE-B1, RIBOFLAVIN B-2, FOLIC ACID), VEGETABLE SHORTENING (PALM, PARTIALLY HYDROGENATED SOYBEAN, PARTIALLY HYDROGENATED COTTONSEED, AND SOYBEAN OILS), WATER, SUGAR, YEAST, AMY CONTAIN TWO PERCENT OF LESS OF: DEXTROSE, MONO & DIGLYCERIDES, SALT, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEY (MILK), CALCIUM CASEINATE (MILK), SODIUM STEAROYL LACTYLATE, SOY LECITHIN, DATEM, EXTRACTIVES OF ANNATTO AND TURMERIC, DRIED SOLIDS, WHEAT STARCH), MONOCALCIUM PHOSPHATE, AMMONIUM SULFATE, DOUGH CONDITIONERS

(L-CYSTEINE, ASCORBIC ACID, AZODICARBONAMIDE), ENZYME, CALCIUM CARBONATE, CINNAMON, AGAR, FD&C BLUE #2 ALUMINUM LAKE, TITANIUM DIOXIDE COLOR, NATURAL & ARTIFICIAL FLAVORS, CORNSTARCH, POTASSIUM SORBATE AND CALCIUM PROPIONATE ADDED TO PRESERVE FRESHNESS, EGGS. ICING: SUGAR, WATER, VEGETABLE SHORTENING (PALM, PARTIALLY HYDROGENATED SOYBEAN, PARTIALLY HYDROGENATED COTTONSEED, AND/OR SOYBEAN OILS), CORN SYRUP, CORNSTARCH, DEXTROSE, CALCIUM CARBONATE, TITANIUM DIOXIDE COLOR, AGAR, POTASSIUM SORBATE (TO PRESERVE FRESHNESS), MONO & DIGLYCERIDES, SALT, FD&C BLUE #2 ALUMINUM LAKE. *Date Last Updated by Company:* 08/23/2014